
Some Important Ways to Save Money!

Posted by [Brian Rulpmom](#) / February 09, 2018

Today it seems like everyone is going green, and no wonder, it's not only socially responsible it's also great for your pocket! Yes going green can save you money while making our earth better so why not start today. This article will show you 10 ways that you can step lightly on the earth while keeping more of your hard earned cash for yourself.

1. Cut down on your energy bills

One of the easiest things you can do to help reduce your bills and your carbon footprint is to cut down on the amount of energy you use around the home. This can be as simple as turning off lights as you leave a room or setting your thermostat a few degrees lower in winter and higher in summer.

Switching your light bulbs to compact fluorescent light bulbs (CFL's) will also save on your lighting costs.

2. Reduce the amount of water your use

By installing low-flow shower heads and faucet aerators you'll cut down on the amount of water to use and you won't even notice! These small changes are quick and inexpensive to install and will save you around half your regular water bill.

3. Find alternatives to using the car

If you live close to where you walk consider walking or riding a bicycle to work instead of taking the car. Not only is petrol expensive it creates a lot of unnecessary pollution that isn't needed. The other benefit to walking or biking is that you'll be improving your health and might even drop a few pounds!

4. Eat better

By buying fresh organic whole foods your health will improve and you'll be benefiting the environment greatly. Overly processed & factory made foods are bad for the environment and your health so head to your local farmers market instead of the grocery store for healthier alternatives.

5. Leave the bottled water alone

While purified water is good for you, the plastic bottles generate a lot of waste. You can help your budget and the environment by using a reusable water bottle (such as the trendy aluminum Sag bottle) or installing a water filter to your current water supply.

You don't have to impact your lifestyle too much to go green and the benefits to your health, the environment and your hip pocket will be well worth the changes.

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